


JUNE 2022



FOX TRAIL

MEMORY CARE LIVING

Sun	Mon	Tue	Wed	Thur	Fri	Sat
<p>Fox Trail Memory Care Living</p> <p>69 Burton Avenue South River N.J. 08882</p>		<p>Residents are hydrated frequently throughout the day</p> <p>*ACTIVITIES ARE SUBJECT TO CHANGE*</p>	<p>1. <i>Global Running Day</i></p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Karaoke Sing Along 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Root beer Floats 3:15 Daily Chronicle/Trivia 4:00 The Partridge Family Hour</p>	<p>2.</p> <p>9:30 Chair Yoga 10:00 Walking Club 10:30 Manicures and Hand Massages 11:00 Refreshments 1:00 Music and Meditation 2:00 Shooting Hoops 2:45 Afternoon Social 3:15 Word Game 4:00 Brady Bunch Hour</p>	<p>3. <i>National Egg Day</i></p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Sing Along 4:00 Gilligan's Island Hour</p>	<p>4. <i>National Cheese Day</i></p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 I love Lucy Hour</p>
<p>5. <i>National Donut Day</i></p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Da 3:15 Word Game 2:45 Afternoon Social 4:00 The Honeyymooners Hour Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Table Tennis</p>	<p>6. <i>Jefferson Davis B-Day</i></p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Table Tennis 2:45 Afternoon Social 3:15 Movie Time 4:00 The Honeyymooners Hour</p>	<p>7.</p> <p>9:30 Sit and Be Fit 10:00 Parachuting Fun 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Brain Teasers 1:00 Music and Meditation 2:00 Cornhole 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 Andy Griffith Hour</p>	<p>8.</p> <p>PIZZA DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Karaoke Sing Along 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Root beer Floats 3:15 Daily Chronicle/Trivia 4:00 The Partridge Family Hour</p>	<p>9.</p> <p>9:30 Chair Yoga 10:00 Walking Club 10:30 Manicures and Hand Massages 11:00 Refreshments 1:00 Music and Meditation 2:00 Shooting Hoops 2:45 Afternoon Social 3:15 Word Game 4:00 Brady Bunch Hour</p>	<p>10.</p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Sing Along 4:00 Gilligan's Island Hour</p>	<p>11.</p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 I love Lucy Hour</p>
<p>12.</p> <p>WORLD DIABETES DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Table Tennis 2:45 Afternoon Social 3:15 Word Game 4:00 The Honeyymooners Hour</p>	<p>13.</p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Bowling with Friends 2:45 Afternoon Social 3:15 Movie Time 4:00 Laverne & Shirley Hour</p>	<p>14. <i>Flag Day</i></p> <p>9:30 Sit and Be Fit 10:00 Parachuting Fun 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Brain Teasers 1:00 Music and Meditation 2:00 Cornhole 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 Andy Griffith Hour</p>	<p>15.</p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Karaoke Sing Along 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Root beer Floats 3:15 Daily Chronicle/Trivia 4:00 The Partridge Family Hour</p>	<p>16. <i>National Fudge Day</i></p> <p>9:30 Chair Yoga 10:00 Walking Club 10:30 Manicures and Hand Massages 11:00 Refreshments 1:00 Music and Meditation 2:00 Shooting Hoops 2:45 Afternoon Social 3:15 Word Game 4:00 Brady Bunch Hour</p>	<p>17.</p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Sing Along 4:00 Gilligan's Island Hour</p>	<p>18.</p> <p>19 <i>Let's Laugh Day</i> Let's Laugh Day 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 I love Lucy Hour</p>
<p>19. <i>Father's Day & Juneteenth</i></p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Table Tennis 2:45 Afternoon Social 3:15 Word Game</p>	<p>20.</p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Bowling with Friends 2:45 Movie Time 3:15 Sing Along</p>	<p>21.</p> <p>9:30 Sit and Be Fit 10:00 Parachuting Fun 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Brain Teasers 1:00 Music and Meditation 2:00 Cornhole 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 Andy Griffith Hour</p>	<p>22.</p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Karaoke Sing Along 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Root beer Floats 3:15 Daily Chronicle/Trivia 4:00 The Partridge Family Hour</p>	<p>23. <i>National Pink Day</i></p> <p>9:30 Chair Yoga 10:00 Walking Club 10:30 Manicures and Hand Massages 11:00 Refreshments 1:00 Music and Meditation 2:00 Shooting Hoops 2:45 Afternoon Social 3:15 Word Game 4:00 Brady Bunch Hour</p>	<p>24.</p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Sing Along 4:00 Gilligan's Island Hour</p>	<p>25.</p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 I love Lucy Hour</p>
<p>26.</p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Da 3:15 Word Game 2:45 Afternoon Social 4:00 The Honeyymooners Hour Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Table Tennis</p>	<p>27. <i>National Bingo Day</i></p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Bowling with Friends 2:45 Afternoon Social 3:15 Movie Time 4:00 Laverne & Shirley Hour</p>	<p>28.</p> <p>9:30 Sit and Be Fit 10:00 Parachuting Fun 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Brain Teasers 1:00 Music and Meditation 2:00 Cornhole 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 Andy Griffith Hour</p>	<p>29. <i>Hug Holiday</i></p> <p>9:30 Sit and Be Fit 10:00 Parachuting Fun 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Brain Teasers 1:00 Music and Meditation 2:00 Cornhole 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 Andy Griffith Hour</p>	<p>30.</p> <p>9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Table Tennis 2:45 Afternoon Social 3:15 Movie Time 4:00 The Honeyymooners Hour</p>	