


MAY

FOX TRAIL

MEMORY CARE LIVING

2023

Sun	Mon	Tue	Wed	Thur	Fri	Sat
<p><i>Fox TRAIL Senior Living</i> 69 Burton Ave. South River NJ 08882</p>	<p>1. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Bowling with Friends 2:45 Afternoon Social 3:15 Sing Along 4:00 Laverne & Shirley Hour</p>	<p>2. TEACHER'S DAY 9:30 Laps of Love 10:00 Parachuting Fun 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Brain Teasers 1:00 Music and Meditation 2:00 Cornhole 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 Andy Griffith Hour</p>	<p>3 PIZZA DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Karaoke Sing Along 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Daily Chronicle/Trivia 4:00 The Partridge Family Hour</p>	<p>4. STAR WARS DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Manicures and Hand Massages 11:00 Refreshments 1:00 Music and Meditation 2:00 Shooting Hoops 2:45 Afternoon Social 3:15 Word Game 4:00 Brady Bunch Hour</p>	<p>5. CINCO de Mayo 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Sing Along 4:00 Gilligan's Island Hour</p>	<p>6. NATIONAL NURSE DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 I love Lucy Hour</p>
<p>7. LEMONADE DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Table Tennis 2:45 Afternoon Social 3:15 Word Game 4:00 The Honeyymooners Hour</p>	<p>5. STUDENT NURSE DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Bowling with Friends 2:45 Afternoon Social 3:15 Sing Along</p>	<p>9. 9:30 Laps of Love 10:00 Parachuting Fun 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Brain Teasers 1:00 Music and Meditation 2:00 Cornhole 2:45 Afternoon Social</p>	<p>10. PIZZA DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Karaoke Sing Along 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Daily Chronicle/Trivia</p>	<p>11. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Manicures and Hand Massages 11:00 Refreshments 1:00 Music and Meditation 2:00 Shooting Hoops 2:45 Afternoon Social 3:15 Word Game 4:00 Brady Bunch Hour</p>	<p>12. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Sing Along 4:00 Gilligan's Island Hour</p>	<p>13. APPLE PIE DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 I love Lucy Hour</p>
<p>14. MOTHER'S DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Table Tennis 2:45 Afternoon Social 3:15 Word Game</p>	<p>15. PIZZA DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Bowling with Friends 2:45 Afternoon Social 3:15 Sing Along 4:00 Laverne & Shirley Hour</p>	<p>16. 9:30 Laps of Love 10:00 Parachuting Fun 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Brain Teasers 1:00 Music and Meditation 2:00 Cornhole 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 Andy Griffith Hour</p>	<p>17. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Karaoke Sing Along 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Daily Chronicle/Trivia 4:00 The Partridge Family Hour</p>	<p>18. NATIONAL FAJITA DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Manicures and Hand Massages 11:00 Refreshments 1:00 Music and Meditation 2:00 Shooting Hoops 2:45 Afternoon Social 3:15 Word Game 4:00 Brady Bunch Hour</p>	<p>19. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Sing Along 4:00 Gilligan's Island Hour</p>	<p>20. ARMED FORCES DAY 19 Let's Laugh Day Let's Laugh Day 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun</p>
<p>21. NATIONAL TEA DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Table Tennis 2:45 Afternoon Social 3:15 Word Game</p>	<p>22. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Bowling with Friends 2:45 Afternoon Social 3:15 Sing Along</p>	<p>23. 9:30 Laps of Love 10:00 Parachuting Fun 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Brain Teasers 1:00 Music and Meditation 2:00 Cornhole 2:45 Afternoon Social 3:15 Arts & Crafts</p>	<p>24. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Karaoke Sing Along 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Daily Chronicle/Trivia</p>	<p>25. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Manicures and Hand Massages 11:00 Refreshments 1:00 Music and Meditation 2:00 Shooting Hoops 2:45 Afternoon Social 3:15 Word Game 4:00 Brady Bunch Hour</p>	<p>26. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Sing Along</p>	<p>27. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Arts & Crafts</p>
<p>28. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Table Tennis 2:45 Afternoon Social 3:15 Word Game</p>	<p>29. MEMORIAL DAY 9:30 Laps of Love 10:00 Chair Exercise 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Famous Quotes 1:00 Music and Meditation 2:00 Bowling with Friends 2:45 Afternoon Social 3:15 Sing Along 4:00 Laverne & Shirley Hour</p>	<p>30. 9:30 Laps of Love 10:00 Parachuting Fun 10:30 Daily Chronicle/Trivia 11:00 Refreshments 11:30 Brain Teasers 1:00 Music and Meditation 2:00 Cornhole 2:45 Afternoon Social 3:15 Arts & Crafts 4:00 Andy Griffith Hour</p>	<p>31. 9:30 Laps of Love 10:00 Chair Exercise 10:30 Karaoke Sing Along 11:00 Refreshments 1:00 Music and Meditation 2:00 Physical Fun 2:45 Afternoon Social 3:15 Daily Chronicle/Trivia 4:00 The Partridge Family Hour</p>		<p>Residents are hydrated frequently throughout the day</p> <p>*ACTIVITIES ARE SUBJECT TO CHANGE*</p>	